## Seeing With New Eyes

love travel. I know that it doesn't always live up to the glamour my twenties promised me it would, but it never ceases to amaze me just how much travel shifts my thinking. Even a quick trip to Cape Town ensures I come back to my beloved Jozi – and life – with fresh eyes. When we travel, we move into new landscapes, both literally and figuratively.

That's the beauty of it. The change in landscape prompts us to step into new territory and to open ourselves to new experiences; food, people, situations and otherwise.

travel experiences when we're all so often fervently against change and even afraid of it. While sudden change is unsettling and to using new and unfamiliar technology.

The thing is, the world we live in is all about change.

## It's a Scary World, Isn't It?

and disruptive technology, climate change, pollution and diminishing natural resources ... are the new connections?

Yet, there are organisations, technologies, brands, solutions and lifestyles that exist constant change, it's that the connection Text: Lisa Steingold now that did not just five or 10 years ago. enables us to instantly make things happen, Photography @ iStockphoto.com

Never before has there been as much opportunity to create, connect and challenge the status quo. Think technology, think new ways of connecting, new markets, new ways of learning, new types of teams, new types of organisations and travel to new destinations, both literal and figurative.

new approach.

## Greater Connectivity, Greater Opportunity

Spending four months in Spain last year made me realise that there's nothing quite like learning a new language and It's strange how openly we crave adapting to a new culture to challenge one's perceptions. Sometimes we travel to new destinations to see new things, and sometimes we travel to new destinations sometimes frightening, we often resist the to see old things with new eyes. I returned good kind of change that ends up delighting to South Africa excited about all the us – everything from a new morning routine opportunities we hold in our midst, despite the obvious challenges we face.

It was this experience that lead me to question my own resistance to change, and our country's challenges prompted Unemployment, poverty, terrorism, me to think how we might embrace this Trump, Brexit, land claims, volatile markets constantly changing world. What new destinations might be waiting? What new increased extinction rates of wildlife, global experiences are waiting to unfold? Where

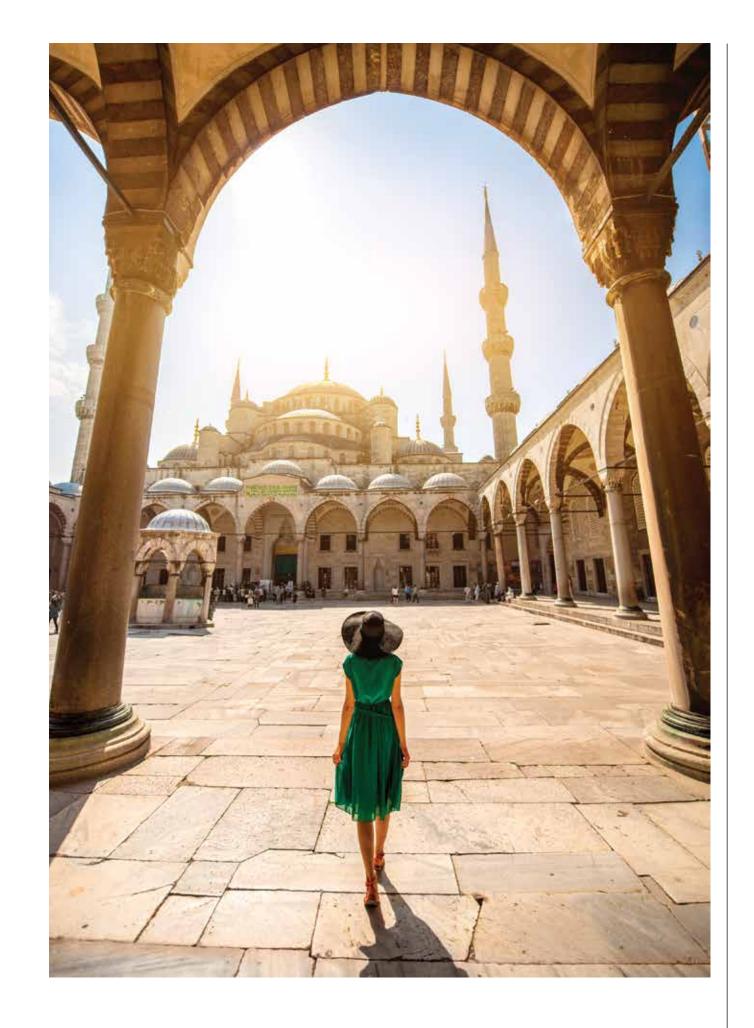
If there's one positive outcome to the

share and overcome obstacles - just ask social media. Besides, travelling alone just

So what if we began to face our current challenges in a new way? What if we began to approach our teams at work differently? What if we asked ourselves more questions? All this "new" does, however, require a What if we could structure things in a radically new way?

> Doesn't this seem like a more interesting trip to a potential new and exciting destination than having to face change?

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